## MONITOR FOR SYMPTOMS

The Oklahoma State Department of Health has developed a symptom assessment tool to help determine when someone should be kept home or sent home from school and/or be tested for COVID-19. See the example symptoms and testing grid below.

"A" Symptoms	"B" Symptoms
Fever > = 100.4 F	Nasal Congestion /Stuffy Nose
Sore Throat	Runny Nose
cough	Muscle/Body Aches
Difficulty Breathing	Fatigue
Diarrhea or Vomiting	Chills
New Loss of Taste or Smell	Nausea
	Loss of Appetite
	Elevated Temperature < 100.4 F
	New Onset of Severe Headache
Recommend testing when:	
Person has 1 "A" Symptom OR	
Person has 3 "B" Symptoms	

Source: Oklahoma State Department of Health Health.Ok.gov

Parents may also review the following checklist for each child in the household. This is very important and necessary each day before a student should attend school. By sending your child to school, you are telling Sapulpa Public Schools that the answer to each of the following questions is "no."

- 1. Has your child had a fever of 100 degrees or more at any point in the last 24 hours?
- 2. Has your child had COVID-19 in the past 10 days or do you think your child has COVID-19 now?
- 3. Has your child tested positive for COVID-19 in the past 10 days?
- 4. Has your child been directed to be under quarantine by the health department in the last 10 days?
- 5. Have they taken a COVID-19 test and are awaiting the results?